


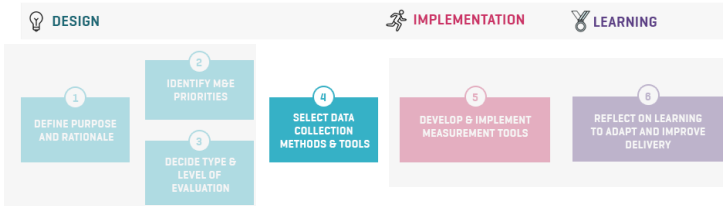


### Sport England Child Question Bank

Sport England has developed this standard 'Question Bank' for use by partners and the wider sport sector. If the information or outcomes detailed here are relevant to your project, please use the questions and response options provided to collect this data from children.

#### QUESTIONS FOR CHILDREN AGED 5 TO 7 – SCHOOL YEARS 1 AND 2

DEMOGRAPHIC	QUESTION(S)	RESPONSE OPTIONS
Gender	Are you a boy or a girl?	Boy; Girl
Age	How old are you?	5; 6; 7
OUTCOME	QUESTION(S)	RESPONSE OPTIONS
Physical wellbeing (activity level)	<p><b>TBC: We are currently testing question options for children to report their activity levels.</b> If you wish to collect this information for a Sport England funded project, please contact us to discuss and agree the approach.</p>	
Attitudes towards sport and exercise	<p>Do you like playing sport?</p> <p>Do you find sport easy?</p> <p>Do you like being active? This includes things like running games, riding a bike or scooter, walking, and dancing.</p>	<p>I love playing sport; I like playing sport; I don't like playing sport; I hate playing sport</p> <p>Yes; No; I don't know</p> <p>I love being active; I like being active; I don't like being active; I hate being active</p>
Mental wellbeing (subjective wellbeing)	How do you feel today?	  

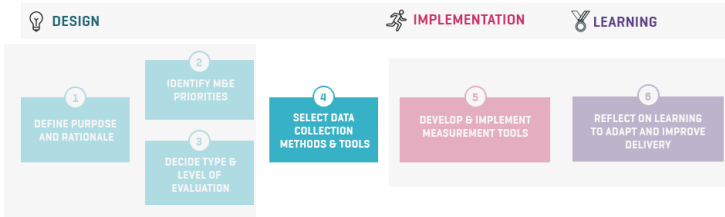


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### QUESTIONS FOR CHILDREN AGED 8 TO 16 – SCHOOL YEARS 3 TO 11

DEMOGRAPHIC	QUESTION(S)	RESPONSE OPTIONS
<b>Gender</b>	Are you a	Girl; Boy; Other; Prefer not to say
<b>Age</b>	How old are you?	<i>Entered by respondent</i>
<b>Ethnicity</b>	Which one of these best describes your background or race?	White (British or English); White (not British or English); Mixed Race; Asian or British Asian; Black or Black British; None of these
<b>Disability</b>	<p>Do you need extra help with any of these things? (<i>Only ask children aged 8-11, school years 3 to 6</i>)</p> <p>Do you have a disability, or a special educational need (e.g. dyslexia), which means you need extra help to do things? (<i>only ask children aged 11-16, school years 7 to 11</i>)</p> <p>Does this disability, or special educational need affect you in any of the following areas? (<i>only ask for children aged 11-16, school years 7 to 11</i>)</p>	<p>Moving around including walking and running; Using your hands for writing or to pick things up; Seeing and using your eyes; Hearing and using your ears; Speaking; Breathing; Reading or writing; Using numbers; How you feel; How you behave; I don't need extra help with any of these things</p> <p>Yes; No</p> <p>Moving around including walking and running; Using your hands for writing or to pick things up; Seeing and using your eyes; Hearing and using your ears; Speaking and communicating; Breathing (e.g. asthma); Difficulty learning new things; Reading or writing (e.g. dyslexia); Using numbers (e.g. dyscalculia); Co-ordination (e.g. dyspraxia); Your mental health and how you feel; How you behave in a way which makes life difficult; Gives you pain; Affects your health for a long time; Affects you in another way; None of these</p>

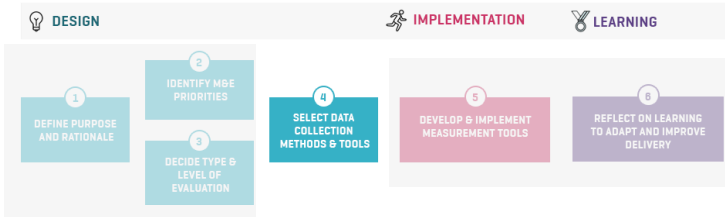


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### QUESTIONS FOR CHILDREN AGED 8 TO 16 – SCHOOL YEARS 3 TO 11

OUTCOME	QUESTION(S)	RESPONSE OPTIONS
<b>Physical wellbeing</b> (activity level)	<p><b>TBC: We are currently testing question options for children to report their activity levels.</b></p> <p>If you wish to collect this information for a Sport England funded project, please contact us to discuss and agree the approach.</p>	
<b>Attitudes towards sport and exercise</b>	<p>I enjoy taking part in exercise and sports</p> <p>I feel confident when I exercise and play sports</p> <p>I find exercise and sports easy</p> <p>I understand why exercise and sports are good for me</p> <p>I know how to get involved and improve my skills in lots of different types of exercise and sports (<i>only ask for children aged 11-16, school years 7 to 11</i>)</p>	<p>Strongly Agree; Agree; Disagree; Strongly Disagree; Can't say</p>



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#### QUESTIONS FOR CHILDREN AGED 8 TO 16 – SCHOOL YEARS 3 TO 11

OUTCOME	QUESTION(S)	RESPONSE OPTIONS
<b>Mental wellbeing</b> (subjective wellbeing)	<p>Overall, how happy did you feel yesterday?</p> <p>Is this how you usually feel? <i>(only ask children aged 8-11, school years 3 to 6)</i></p> <p>Overall, how satisfied are you with your life nowadays? <i>(only ask for children aged 11-16, school years 7 to 11)</i></p> <p>Overall, to what extent do you feel that the things you do in your life are worthwhile? <i>(only ask children aged 11-16, school years 7 to 11)</i></p>	<p>0 – Not at all happy; to 1; 2; 3; 4; 5; 6; 7; 8; 9; 10 – Completely happy</p> <p>Yes; No</p> <p>0 – Not at all satisfied; to 1; 2; 3; 4; 5; 6; 7; 8; 9; 10 – Completely satisfied</p> <p>0 – Not at all worthwhile; to 1; 2; 3; 4; 5; 6; 7; 8; 9; 10 – Completely worthwhile</p>
<b>Individual development</b> (self-efficacy)	<p>Thinking about all the things that you do at home and at school, how much do you agree or disagree with the following statement: If I find something difficult, I keep trying until I can do it</p>	<p>Strongly Agree; Agree; Disagree; Strongly Disagree; Can't say</p>
<b>Social and Community development</b> (social trust)	<p>How much do you feel you can trust people who are a similar age to you?</p>	<p>I can trust them a lot; I can trust them a bit; I can't trust them very much; I can't trust them at all</p>